



# Portland Timbers/Portland Thorns



## Lesson Plan Form

Coach:  Session date:  Team/Age:

Theme:

Stage	Organization (Diagram+Rules)	Objectives	Key Coaching Points
<u>Activity 1</u>	Click to insert session diagram		
<u>Activity 2</u>	Click to insert session diagram		
<u>Activity 3</u>	Click to insert session diagram		
<u>Final Game</u>	Click to insert session diagram		